

## Outcome for December:

**People are satisfied with their personal life situations**

### VALUES

- Personal life satisfaction increases when people select their own goals, make choices, and exercise control over their life situations.
- Personal life satisfaction increases with the presence of personal support networks.

### PRINCIPLES

- Support people in the ongoing assessment of their personal situations and in recognizing the need for changes.
- Assist people to make changes in their life, circumstances, when they are not satisfied.

**PLEASE SUBMIT BY -  
 November 30, 2009**

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## COMMUNITY CONNECTIONS

The following articles are great example of people connecting with their community.



### NEIGHBOURHOOD BARBECUE:

Wanda, Ann, Ken, and David who live at Moberly held a neighbourhood B.B.Q. today and invited neighbours and their families. We couldn't have asked for better weather and the number of people that attended was inspiring. Support staff Pam McDonald, Pat Harvey and Sandy Varley helped support people and host the neighbourhood BBQ. Many other staff from the house came to meet neighbours, family, and friends.

Wanda Windover's sisters, Gloria and Zeta and their husbands came and stayed for the afternoon relaxing in the backyard.

Anne Dinsmore's sisters, Marilyn and Sandy and their husbands attended as well as her mother Mrs. Dinsmore. David Harrison's mom Mrs. Harrison came and relaxed on the swing with her son in the backyard, and chatted with other families, and neighbours. Ken Forth's sister Jean and her husband came and met everyone. Byron Small, and Andrew Kydyk who are friends of Kens also came and enjoyed spending time together

Everyone's family was so pleased to have the opportunity to meet one another and enjoy the afternoon telling stories about their loved ones.

Ken also has many friends in the fire department; five fire fighters came and brought the fire truck. They arrived the first time but had to leave for a fire call; they returned shortly after and spent time with Ken and had some lunch.

We were pleased to have four neighbourhood couples pop in. They introduced themselves and joined the party out back where they got to meet the people who live in their neighbourhood and their families.

A special thanks to all the staff whose dedication and hard work made this day a success. THANKYOU!  
 What a "Great Day" it was.

## A TRIP TO NIAGARA FALLS



There had been a lot of activity at 605 Moberly, during the month of September. All of the staff was involved in the planning and preparations for a trip to Niagara Falls. Wanda Windover, Ken Forth and David Harrison, had expressed an interest in going on vacation to Niagara Falls. The date was set for Monday, September 28. Sandy Varley and Patricia Harvey would be providing support for the holiday.

The 'BIG DAY' had finally arrived. Everyone's luggage was in the van and by 8:00 o'clock and we were on our way. Wanda, David and Ken were full of smiles, anticipation and excitement! We're headed for Niagara Falls!

Even a heavy down pour of rain all the way through to the other side of Toronto, did not dampen anyone's spirits. We arrived at Lundy's Lane in the early afternoon. Our host at the motel where we would be staying provided us with a wealth of information concerning attractions and how to get to them.

We set off for the parkway, where we experienced one of the Wonders of the World....Niagara Falls. Then we toured along the gorge and from there we spent a lovely, sunny afternoon at Niagara on the Lake. That Evening we dined at an Italian restaurant and afterwards we were off to see the Falls at night with all of the coloured lights!

The next day was a whirlwind of fun and activity. We went to the 'Wild Bird Kingdom' where a waterfall cascaded for 3 stories through winding trails filled with exotic plants, birds, fish and reptiles. Ken and David got to touch an alligator. Quite an experience! We enjoyed coffee and a show at the Rainforest Café and had fun touring Clifton Hill with all of the lights, and attractions there!

The morning of the last day of the vacation everyone enjoyed a full course breakfast at the famous Flying Saucer Restaurant.

Afterwards we toured the gardens and grounds of the Buddhist Temple at the Niagara Parkway and one of the buildings open to the public where we spoke briefly to one of the Buddhist monks.

One of the ultimate highlights of the trip was for us to see the transformation in David!! We would never have seen this side of him in other circumstances or environments. David radiated sheer joy at his first look at the Falls. He was in awe. He had both hands out, feeling the mist. His face lit up, like a light was shining from within. He participated with enthusiasm in all aspects of the trip, always the first one to ham it up for photos, posing for the camera. He was very charming and full of fun and so obviously enjoying every minute of the time spent there.

The trip to Niagara Falls was very successful. Everyone had a wonderful time and there are lots of photos to put into frames and scrapbooks for people's families to see. As soon as everyone arrived home plans for next year's vacation began.